

# Virtual Residency Menu

\*All offerings are tailored to reach your target audience in their home or classroom.

# PERFORMANCE-BASED ACTIVITIES

VIRTUAL CONCERT PERFORMANCE (Coming Winter of 2020) Duration: TBD Target Audience: General Description: Created for the screen, the Company will perform an contemporary dance concert choreographed and directed by Artistic Director, Daniel Charon.

#### POST-PERFORMANCE Q&A

Duration: 20-30 minutes Target Audience: will adapt Description: The performance is over. What did you think? This Q&A session allows your audience to ask questions and share opinions with the artistic director and the dancers. Begins 10 minutes after the concert ends.

#### POST-PERFORMANCE ARTIST RECEPTION

Duration: 30-60 minutes Target Audience: will adapt Description: Post-performance artist receptions are a chance for audience and community members to meet and chat with the Company Artistic Director and Company dancers in an informal environment.

# MEET THE CHOREOGRAPHER EVENT

Duration: 45-60 minutes

Target Audience: 30-75 community and audience members of all dance experience levels

Description: Community and audience members are immersed in the creative process of the Company's Artistic Director with demonstrations of choreographic techniques and informal showings of Company repertory excerpts. Participants are given time to pose questions and engage conversationally with the Company members.

# COMPANY REHEARSAL

Duration: 30-120 minutes Target Audience: will adapt Description: Watch the development of a formal performance as the Company dancers rehearse the Company repertory.

# PERFORMANCE DEMONSTRATION

Duration: 45 minutes

Target Audience: K-12 grades (with age-appropriate adaptation)

Description: Company performance demonstrations are designed to increase the understanding of dance through an introduction to the elements of movement with samples of Company repertory. The program is tailored to audience age group and can be focused to the elements of dance (space, shape, time, and motion) or to character building (cooperation, celebrating diversity, and challenging and trusting self).

# SCHOOL/FAMILY MATINEE

Duration: 50-60 minutes

Target Audience: school children and families with young children

Description: These fully produced, truncated performances of Company repertory provide an environment for school children and families to experience a contemporary dance performance. Live narration by Company Artistic Director and/or Company Education Director provides context and interactivity for a wiggle-friendly audience to access and engage with the performance.

# MASTERCLASSES

CONTEMPORARY DANCE TECHNIQUE

Duration: 60-90 minutes

Target Audience: Any self-contained class of 15-30 students with appropriate experience

Description: Company dancers offer high-energy classes in contemporary dance technique at levels of experience appropriate for the participants.

# COMPANY CLASS

Duration: 90 minutes

Target Audience: Company and local, accomplished dancers Description: Join the Company during one of its normally closed rehearsal classes. Permission required.



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# COMPOSITION

#### Duration: 45-90 minutes

Target Audience: Students of an intermediate or advanced level and contemporary dance experience

Description: Company dancers will present choreographic problems suitable to the background of participants. If the Company is in residence over a period of time, the classes could be developmental and result in studies or more finished dances.

# MASTER TECHNIQUE

# Duration: 90 minutes

Target Audience: Students at or beyond high school-level Description: Company dancers will base class on many aspects of contemporary dance technique and focus this explora- tion toward the intermediate to advanced level dancer.

# DANCE IMPROVISATION

#### Duration: 60-90 minutes

Target Audience: Students at or beyond high school-level with some experience in a dance studio or for a high school dance company

Description: Dance improvisation is the creative process in action and is simultaneous with creation and performance. Company dancers will guide participants through improvisation and composition exercises or through an investigation of the exploratory process.

#### WORKSHOPS AND OUTREACH

#### CREATIVE MOVEMENT FOR CHILDREN

Duration: 45 minutes (no more than 30 minutes for Kindergarten-aged children) Target Audience: Children in grades K-6

Description: Company dancers will create a positive movement experience that explores the elements of dance (time, space, shape, and energy). Participating children will be guided to move, explore and express ideas, and ultimately create their own unique movement material in the class.

#### CREATIVE MOVEMENT FOR SPECIAL POPULATIONS Duration: 45-60 Minutes

Target Audience: Groups with special circumstances (i.e. physical and/or intellectual disabilities, refugees, victims of abuse .)

Description: Company dancers will share the principles of creative movement and contemporary dance technique and explore how those may benefit the participants' special circumstance. Activities might include movement exploration, improvisation, physical awareness exercises, and creative tasks.

#### **GUARDIAN-CHILD WORKSHOP**

Duration: 45-60 minutes Target Audience: Children and guardians, with at least one guardian per guardian/child group Description: Company Artistic Director and/or Education Director and two Company dancers guide children and guardians through an exploration of contemporary dance movement, creating a positive movement experience for children and guardians to create and share together.

#### CREATIVE MOVEMENT FOR SENIORS (CREATIVE AGING) Duration: 45 minutes Target Audience:

Description: Creative movement classes for older adults and seniors to help them improve physically, cognitively and emotionally all in a highly social and resonant environment. All abilities are welcome.

# CREATIVE MOVEMENT FOR SPECIAL INTEREST GROUPS Duration: 45 minutes

# Target Audience: any group with special interests (i.e. actors, athletes, cheer teams, artists, etc.)

Description: Company dancers will share the principles of creative movement and contemporary dance technique and explore how those may benefit the participants' special interest. Activities might include movement exploration, improvisation, physical awareness exercises, and creative tasks.



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# BALLET

#### Duration: 60-90 minutes

Target Audience: Dancers of any age or dance experience level

Description: Company dancers will introduce ballet technique and adapt the level of technique to the participants' level of ballet experience.

# BALLET FOR CONTEMPORARY DANCERS

Duration: 60-90 minutes

Target Audience: Dancers of any age or dance experience level

Description: Maintaining the normal structure of a ballet class, company dancers will design a class that targets and ap- peals to the bodies and movement principles of contemporary dancers that may or may not have a classical training.

# JAZZ//HIP-HOP

Duration: 60-90 minutes

Target Audience: Dancers of any age or dance experience level

Description: Company dancers will introduce basic jazz/hip-hop technique adapted to the participants' level of experience.

# BEGINNING AND INTERMEDIATE TAP DANCE Duration: 45-60 minutes

Target Audience: Participants 12 years and older Description: Rhythm and coordination are at the forefront of this dynamic, musical, and aerobic class. Tap shoes or soft shoes are acceptable.

# PHYSICAL CONDITIONING FOR THE ACTIVE INDIVIDUAL Duration: 60 minutes

Target Audience: Dancers, athletes, physical education instructors, dance teachers, and other active individuals interested in improving their physical conditioning Description: Company dancers will address issues of balancing strength and flexibility in the bodies of active people to improve performance and prevent physical injury.

# TEACHER IN-SERVICE TRAINING

Duration: 60-90 minutes

Target Audience 20-50 community educators Description: Company Artistic Director and/or Company Education Director explore movement as a tool for teaching by providing movement experiences geared toward increasing student vocabulary and enhancing creativity and skills.

# SPECIAL TOPICS LECTURE

Duration: will adapt

Target Audience: will adapt

Description: Company Artistic Director will share slides and video of the Company, exploring topics such as the history of the dance company, movement as language, and contemporary dance as an artistic form of expression.

#### VIRTUAL TEACHER WORKSHOP

Duration: 30-60 minutes Target Audience: Dance educators Description: A workshop for honing dance pedagogy in the virtual studio.

# CONTACT AND MORE INFORMATION

COMPANY PERFORMANCE VIDEO EXCERPTS https://vimeo.com/405612146 Password: rwdance

RIRIE-WOODBURY DANCE COMPANY 138 West Broadway Street Salt Lake City, UT 84101-1913 +1.801.2974241 www.ririewoodbury.com

For Programming Inquiries, Contact: Drew Jaussaud, Booking Manager at: touring@ririewoodbury.com +1.307.315.7484 (cellular) +1.801.297.4237 (office)